INTERX THERAPY
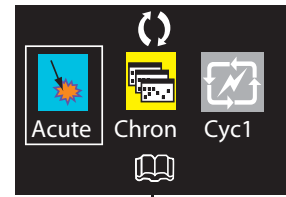
INTERACTIVE STIMULATION FOR PAIN MANAGEMENT

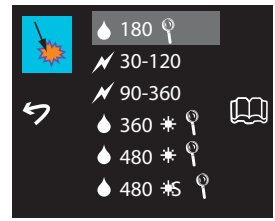### Flip screen

SELECT this icon to flip the screen orientation for left handed use

Acute	Chron	Cyc1

Preset Stimulation Lists

Acute list:
- 180
- 30-120
- 90-360
- 360 ☀
- 480 ☀
- 480 ☀S

Chronic list:
- 60
- 15
- 15-60
- 30-120
- 240 ☀

Cycles list:
- Cyc3
- 15-60
- Cyc2
- 30-120
- Cyc1
- 90-360

Scroll UP or DOWN to the desired preset.

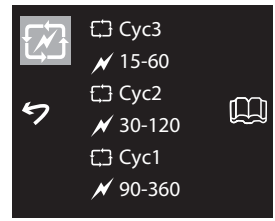Highlight and SELECT a preset stimulation pattern to activate stimulation.

Acute: Treatment patterns for trauma and post-surgical pain
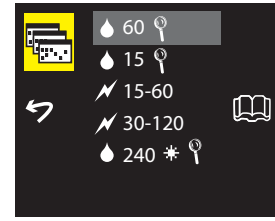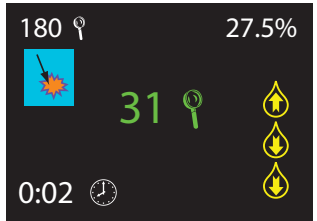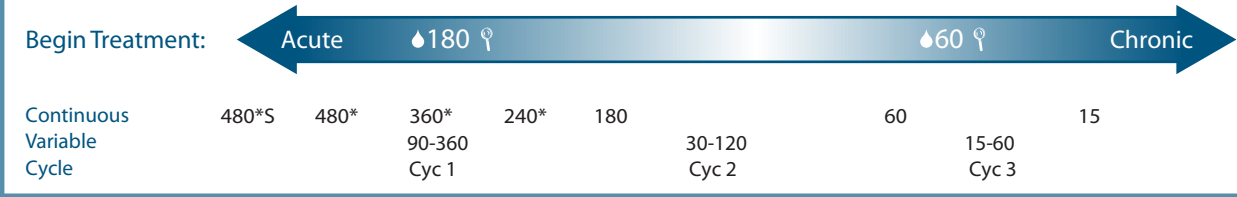
Chronic : Treatment patterns for chronic pain

Cycles : Treatment patterns for acute and chronic conditions

Press any button to display navigation options

Icon	Description
↰	Undo/ Go Back
II	Pause
⊕	Preset Stimulation Lists
📖	Full Preset List
🏃	Access to the Sport Mode
⚕	Return to the 5002 Mode from the Sport Mode
🛠	Access to the SETUP options

SELECT Preset Stimulation Pattern: The most appropriate stimulation pattern is based upon clinician judgment, patient condition and treatment outcomes. **All settings can be used for acute and chronic pain conditions**, the following illustration serves as a guide to select presets for treatment. Treatment often begins with a continuous burst pattern such as 180PPS or 60PPS.
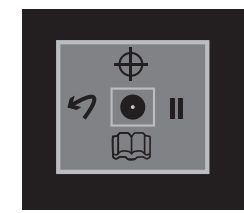
Begin Treatment: ← Acute   ⬦180   ⬦60   Chronic →

Continuous	480*S	480*	360*	240*	180	60	15
Variable			90-360			30-120	15-60
Cycle			Cyc 1			Cyc 2	Cyc 3

Example of ACTIVE stimulation screen:
- 180
- 27.5%
- 31
- 0:02

Preset Descriptions

Number – Indicates pulses per second e.g. 60, 240*
- ☀ Burst stimulation pattern
- ⬦ Point-stim icon
- ⌧ Cycles: Predefined combination of presets most often used with the Flexible Array
- ✎ Variable stimulation pattern
- ⌇ Activity Reading icon

See Operation Manual for full descriptions

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INCREASE intensity

Navigation and SELECT buttons

POWER on/off

DECREASE intensity

NAVIGATE AND SELECT
Use the UP, DOWN, LEFT or RIGHT navigation buttons to highlight icons and navigate through screens. Use the center SELECT button to select a highlighted icon or preset.

SETTING INTENSITY %
Intensity is the strength of stimulation and is displayed as a % in the top right corner of the screen. The electrodes need to be in contact with the skin near the area to be treated when setting Intensity. Place the device onto the skin and press the + button until a comfortable stimulation is felt. In any stimulation screen, pressing the + or - button sets the intensity of stimulation from a minimum of 2% to a maximum of 100%. The device will emit a buzzing sound that becomes louder as the stimulation intensity increases.

NOTE: More is NOT better and treatment should NOT be painful. The stimulation should be reevaluated throughout treatment as changes in skin impedance may change sensation. There may be points during treatment that are more sensitive than surrounding areas and intensity should be reduced where necessary.
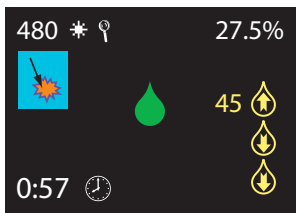
SKIN CONTACT
Dampening the skin with water to increase conduction and comfort. Poor electrode skin contact may cause the device to feel either very strong or very weak. The electrodes should either be fully on the skin or fully off the skin. If electrode contact is good but intensity is too strong then reduce intensity and continue.

Indicates poor or no skin contact
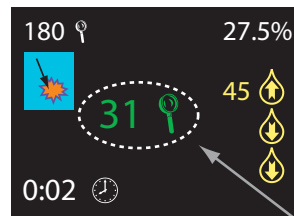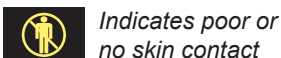
SLIDE TO LOCATE
Slowly slide over and around the painful area to identify specific Active Sites. The device will drag at these points and/or feel a little stronger. Always ensure that you slide the device slowly when locating Active Sites to observe changes.

ACTIVITY READING
Activity Reading (AR) is an objective measurement of the effect that skin impedance has on the waveform and is used to provide a relative measure of tissue impedance between different points on the skin. Higher AR will indicate where treatment should be applied.
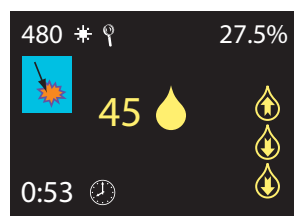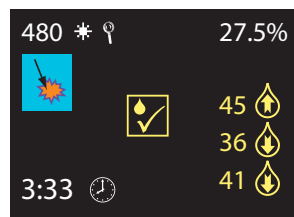
POINT-STIM
Use Point-stim to treat a specific area of pain and /or low impedance. First remove the device from the skin, then place the device onto the point needing treatment. The icon will display as the device calculates the treatment time. When the Point-stim is complete, a Point-stim value appears in the middle of the screen and a tone rings. A Point-stim may take only few seconds or it may take up to a minute

MULTI-STIM (expanded treatment option)
Multi-stim is a series of Point-stims delivered to one point of treatment and provides focused stimulation to sites of low impedance and /or specific areas of pain.

After performing an initial Point-stim, remove the device from the skin and replace it on exactly the same point to activate Multi-stim. After each Point-stim remove and replace the device back on the skin at the exact same point. Multi-stim is complete when the Point-stim values peak and fall twice or when 8 Point-stims have been completed (whichever occurs first). The previous Point-stim values are stored on the right side of the screen with the highest number at the top.

NOTE: The device must be replaced onto exactly the same point after each Point- stim within 3 seconds. Completion of Multi-stim is indicated with a ring tone and a ☑ check mark. This usually takes 4-5 minutes.
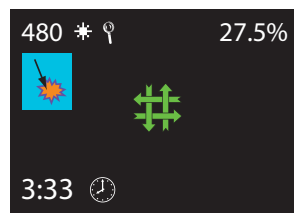
SLIDE TO FINISH
After applying a Point-stim or Multi-stim on a low impedance Active Site, it is best to slide over the treated point in 4 directions until the drag is reduced. This may take up to a minute. It is important to slide the device faster and firmer than when sliding to locate.